Social Gardening in the Age-friendly City: A Comparative Perspective on Japanese and British Experience



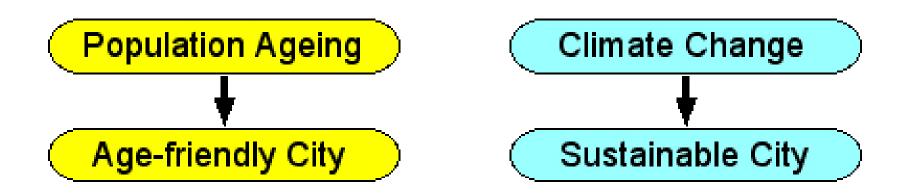
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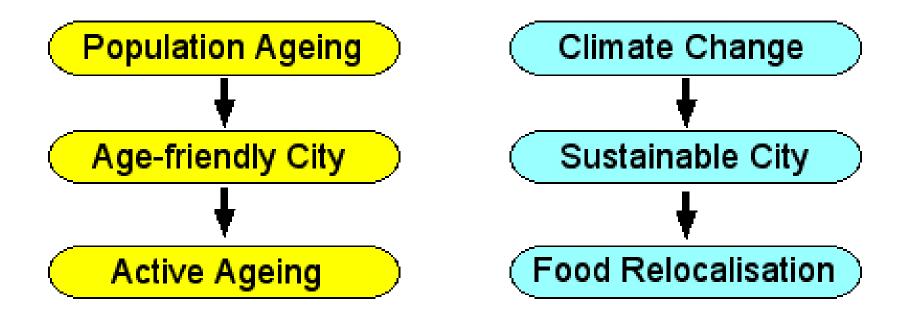
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"Gardening offers a route for closeness to nature, whilst also providing ... good exercise. Growing vegetables in allotments ... encourages healthy eating and promotes social cohesion, alleviating the loneliness which can come with old age." (Mayor of London, 2006, p. 76).



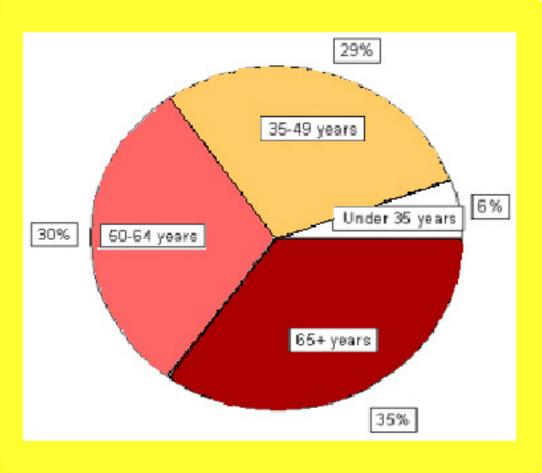
"Horticulture is one of the effective means for enhancing the quality of life of the elderly. Why can horticulture help keep the elderly's lives worth living? The answer to this question is that horticultural activity makes us feel that we are human beings." (Matsuo 1992 p.146)



The Age-friendly City needs to embrace the allotment garden, to the immediate benefit older people in the city, but also to harness the skills, experience and commitment of older people to the task of nourishing a sustainable city for all.







"... the continuing lingering image of allotments as a form of poor relief" [Tsuge, 1987, p. 186]

Thorpe painted a "rather sordid picture [of allotments] tended by an older stratum of society, particularly men over forty and including many old age pensioners". In Thorpe's "brave new world, the elderly ... would have no place. Gone would be the ramshackle sheds, and the ramshackle men who built them." [Way 2008 pp 30,33]

"Formby Allotment Association ... have a 74-name waiting list. ... Secretary Sylvia Adamson said: 'We can't tell people exactly when a plot will be free but I am quoting a ten-year wait. Demand has been considerable over the last few years.' ... She added: 'Attitudes seems to have changed. Allotments are not simply used by retired men with nothing better to do. People from all walks of life are becoming aware of a green lifestyle'."

[Formby Times 12 February 2009]

# 市民農園

市民農園

福祉農園

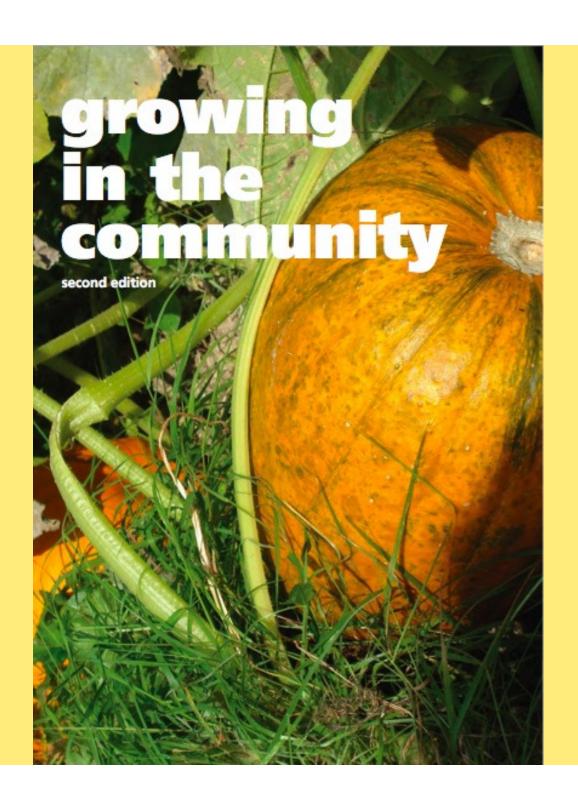
## 市民農園

# 福祉農園

高齢者農園 高齢者福祉農園 シルバー農園 老人農園 いきがい農園 老人健康農園



	Japanese	British
Official recognition	Strong	Weak
of value to older people		
Claim on land	Age-specific	Generic
Linking of ageing	Hindered by	Enabled (eg
and environmental	bureaucratic	Growing in the
discourses	structures	Community)
Medical discourse on ageing	Reinforced	Challenged
Inter-generational learning	Hindered	Enabled
Elder leadership	Hindered	Enabled



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## **Fact Sheet**

# **Gardeners in Charge**

A guide to devolved management for allotment associations





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